

## BIRMINGHAM MISCARRIAGE SUPPORT GROUP

*“Miscarriage can be a very distressing, frightening and lonely experience. By acknowledging pregnancy loss, our aim is to relieve the loneliness and anxiety of all who are affected”*

Come and join us for a cup of tea and chat in this comfortable, friendly support meeting.

**We meet on the first Tuesday of every month from 7pm till 8.30pm at the Education Resource Centre, Birmingham Women’s Hospital.**

*See map on back page for directions*

For more information about the Miscarriage Association contact

**Alison Simons on  
077 343 56550**

**Email: [alisonsimonsrn@aol.com](mailto:alisonsimonsrn@aol.com)**

or visit

**[www.miscarriageassociation.org.uk](http://www.miscarriageassociation.org.uk)**

Charity registered No. 3779123

# *Pre-Pregnancy Counselling/ Pregnancy Loss Clinic*

**Birmingham Women's Health Care  
NHS Trust**

Edgbaston, Birmingham B15 2TG

Telephone: 0121 472 1377

Fax: 0121 627 2602

## WELCOME TO THE PRE-PREGNANCY COUNSELLING/PREGNANCY LOSS CLINIC

### **At the clinic we aim to:**

- provide follow up and support for women who have recently experienced:
  - three or more first trimester miscarriages
  - second trimester miscarriages
  - third trimester pregnancy loss
  - fetal anomaly
- carry out relevant investigations to identify any causes of pregnancy loss
- suggest any treatment which might be beneficial in a subsequent pregnancy
- make an individualised plan of care, treatment and support for a subsequent pregnancy
- provide pre-pregnancy counselling for women with known maternal diseases
- monthly Miscarriage Support Group

## CONSULTANTS IN THE FETAL MEDICINE DEPARTMENT

The Pre-Pregnancy Counselling/Pregnancy Loss Clinic is held at the Birmingham Women's Hospital within the Fetal Medicine Department.

The clinic is run by Consultants in Fetal Medicine who have considerable expertise in providing care for high risk pregnancies.

### **Specialist Midwives**

The clinic is run by Specialist Midwife Counsellor Ruth Kirchmeier and a team of specialist midwives who provide support following pregnancy loss and in subsequent pregnancies.

## REFERRALS

Referrals to the clinic are welcomed from General Practitioners, health visitors, midwives, gynaecologists, obstetricians etc.

### **Contact number for Specialist Midwives**

**Telephone direct line 0121 627 2684**